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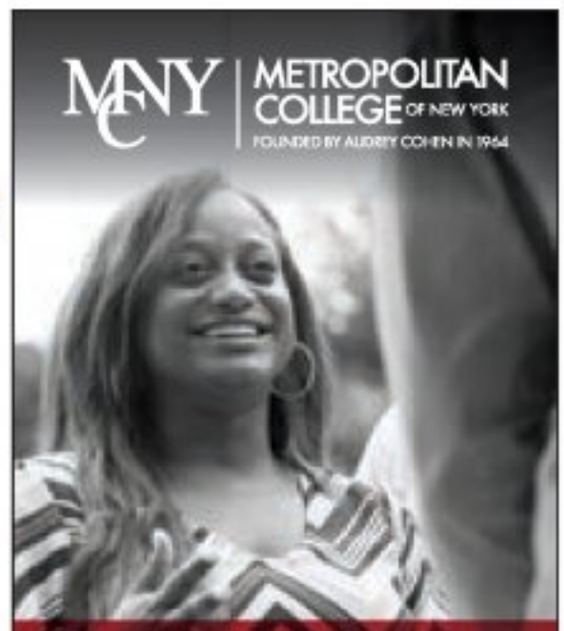
Monday, September 19, 2016 metro.us | t: MetroNewYork | f: MetroNewYork

## THE EMMYS DESERVE BETTER

Let's start treating the TV awards like we do the Oscars. 18

How to ace your fall internship. 21

Giants best Saints in defensive struggle. 23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# 'BE VIGILANT'

Mayor Bill de Blasio asks citizens to be watchful in wake of Chelsea bombing. 4

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## 3 things you need to know

### AS 'BRIDGEGATE' TRIAL BEGINS, CHRISTIE REMAINS FOCUSED

New Jersey Gov. Chris Christie is not expected to attend the trial this week of two former associates charged in the 2013 "Bridgegate" scandal, but the failed Republican presidential hopeful's shadow will loom over the proceedings. Opening statements are scheduled for Monday in federal court in Newark, New Jersey. Bill Baroni and Bridget Anne Kelly are charged with conspiracy and fraud in a nine-count indictment alleging they arranged lane closings that caused gridlock on the heavily traveled George Washington Bridge. The resulting traffic delayed commuters for hours and left emergency vehicles slow in responding to 911 calls. Prosecutors said the two defendants planned the lane closures to take revenge on a mayor who refused to endorse Christie for re-election. REUTERS

### AMAQ: ISLAMIC STATE SUPPORTER BEHIND MINNESOTA STABBINGS

2 An Islamic State supporter carried out the stabbing attack that wounded at least eight people at a mall in St. Cloud, Minnesota, on Saturday, the militant group's Amaq news agency said. "The executor of the stabbing attacks in Minnesota yesterday was a soldier of the Islamic State and carried out the operation in response to calls to target the citizens of countries belonging to the crusader coalition," Amaq said in a statement. Reuters was not immediately able to verify the authenticity of the claim. A man wearing a private security uniform and armed with at least one knife stabbed eight people at the Crossroads Center mall before he was shot dead by an off-duty police officer, authorities said. REUTERS

### FOOTBALL TEAM BUS CRASHES IN NORTH CAROLINA, KILLING FOUR

3 A charter bus filled with junior college football players heading to a game crashed on an interstate highway in North Carolina on Saturday, killing four people on board and injuring more than 40 others, the state highway patrol said. The bus struck a bridge abutment on Interstate 74 near the town of Rockingham, about 70 miles east of Charlotte near the South Carolina border, in an accident triggered by a tire blowout on the vehicle, the state police said. The tire failure sent the bus swerving into the highway median before it side-swiped a column supporting an overpass, crushing and ripping open the driver's side of the motor coach. It said investigators confirmed that four occupants of the bus died and 42 were transported to four area hospitals with injuries ranging from critical to minor. REUTERS

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You read Metro to stay on top of the news. Now's your chance to find out how much you know. Take our daily news quiz to test your knowledge by going to **www.metro.us/news-quiz** to submit your answers.

1. A low attendance rate at a Williamsburg high school is being blamed on:

2. When was the last time the Giants started the season 2-0?

3. What is Patrick Dempsey's other profession?

MUCHCREATIVE COMMONS

# MUCH-NEEDED RAIN MOVES INTO NYC REGION

Heavy downpour and thunderstorm are possible.

The entire Northeast needs the rain, so don't let a rainy day Monday get you down. Our streams, lakes and reservoirs are in drought stricken conditions, and many of your lawns are burning up.

Some help has arrived today, as tropical moisture from Julia, trying to become a tropical storm once again as she meanders off the southeast coast and sends a plume of moisture our way as she interacts with a frontal system moving slowly in from the west.

Julia is good news, not bad, as even if she does reach tropical storm status she would be a minimal one with beneficial rains for the Mid-Atlantic and Northeast. I call the rain "liquid gold" as the lands are starved for moisture. It will not be enough to put any significant dent in the drought, but it will help to add some greenery back into the landscape. At least it is a start as were going to need significant rainfall this autumn to fill the reservoirs.

*Bolaris' Weather Watch*

**JOHN BOLARIS**
@weathersavior

Boston's rain deficit since Jan. 1, stands at 10 inches, farm lands across New England, New York, Pennsylvania and New Jersey are hurting. Much of New Jersey and north-central Pennsylvania is in a moderate drought, with extreme drought in parts of western New York state.

The drought could mean lower production of pumpkins and apples this season. So beefy pumpkins and juicy apples could be a tougher to find. This could hurt you in the pocket as the law of supply and demand takes hold — low supply and high demand leads to increased prices. Ouch!

After Tuesday morning, another string of dry beautiful days will arrive and most likely last into and possibly through your upcoming weekend.

## Tropical watch

Tropical storm Karl, now located over the south central tropical Atlantic, is moving westward and should become a full-fledged hurricane over the next 72 to 84 hours. Computer guidance positions Karl north of the Bahamas and well south of Bermuda by early Friday morning. After that, the future track remains uncertain.

## New York

**Today:** Showers, heavy pockets, T-storm, High 79

**Tuesday:** Morning showers, then clearing, High 83

**Wednesday:** Sunshine, High 83

**Thursday:** Sunshine, High 79

**Friday:** Sunshine, High 83

Weekend

**Saturday:** Sunshine, High 81

**Sunday:** Sunshine, High 78

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CUNY

# Investigators scour Chelsea for clues in bombing that injured 29 people

Mayor Bill de Blasio praised New Yorkers for being resilient and urged them to "be alert."

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AMANDA MIKELBERG

Investigators flooded what is typically a bustling Chelsea street Sunday, sifting through shards of glass, metal shrapnel and assorted debris in a search for clues pointing to the culprit of the bombing that injured 29 people and rocked one of New York's upscale neighborhoods.

"Think of a jigsaw puzzle out in the street right now," said NYPD Chief of Detectives Robert Boyce of the crime scene on West 23rd Street.

A source told Metro New York that the police acquired reliable footage from only two security cameras at businesses on the block between Sixth and Seventh avenues: one that faced directly at the site of the explosions which took place at around 8:30 p.m. Saturday, and one from a much greater distance.

An undetonated pressure-cooker bomb found in a trash can on 27th Street a few hours after the explosion might be the best hope of finding such evidence as fingerprints and fibers. Reports described the improvised explosive device as having wires protruding from it and a cellphone attached with silver electrical tape.

"Do we think they're related? Yes, we have to move in that direction, but right now we're not ready to make those calls yet," Boyce said of the device.

There is also some suspicion that a pipe-bomb explosion along the boardwalk in Seaside Park, New Jersey, on Saturday is connected to the New York incident. There were no injuries reported from that incident and police have not confirmed any evidence connecting the blasts.

The FBI, ATF and the state police are assisting local police in the investigation. Physical evidence, including the pressure-cooker bomb, was sent to an FBI lab in Quantico, Virginia.

All 29 people injured in Chelsea were taken to local hospitals and released by 11 a.m. Sunday, many having been treated for flesh wounds from shrapnel that flew into their faces and arms.

Restaurants and businesses in the surrounding area were open Sunday, but many people remained shaken by the previous night's mayhem.

Alexandra Tucto, a salesperson at the Chelsea Kennel Club, said she was standing right outside the store when the explosion happened. "The dogs definitely react to loud noises and this was a really huge boom," she said. "And all the dogs on the street were barking."

Tucto and her friend were waiting for a taxi when they heard and felt the explosion. "We felt the heat of the big whoosh. I smelled fumes. We got so scared we just kept running," she said.

Leo Calderon, who also works at the kennel club, said the explosion brought back memories of 9/11 when he was 13 and attending school very close to the World Trade Center.

"The boom, the chaos, the sirens … immediately brought me back to that moment. I'll always be traumatized. That day terrorism defined my life, so when something like this happens it feels like fate," he said.

The motive of the attack is undetermined, officials said, though investigators were examining an online blog written by someone claiming to be responsible for the bombing.

"We have a lot more work to do to be able to say what kind of motivation was behind this," Mayor Bill de Blasio told reporters Sunday. "Was it a political motivation? Was it a personal motivation? We do not know that yet."

The mayor said security measures will be increased at key locations around the city in the wake of the bombing. He noted that law enforcement will be particularly focused at the United Nations building in light of the scheduled session this week of the General Assembly.

"You will see a very substantial New York Police Department presence this week," De Blasio said. "The biggest ever."

The mayor asked citizens to be watchful and report any suspicious activity to local authorities.

"Be vigilant," he said.

Vincent Stanhope, who was at his apartment in the nearby Flatiron district said the boom so loud that it set off car alarms for blocks. He said the incident reminds him of how vulnerable we all are no matter how upscale the neighborhood.

"It's terrorism, it's reality and it's here to stay," Stanhope said.

# L train blamed for high school's drop in attendance

ISTOCK

It sure beats "the dog ate my homework."

A Williamsburg school that is struggling with meeting attendance goals is blaming the L train, reports said.

The New York Post first reported about the low attendance rate at Automotive High School, located at 50 Bedford Ave., and what the Department of Education is saying is the problem.

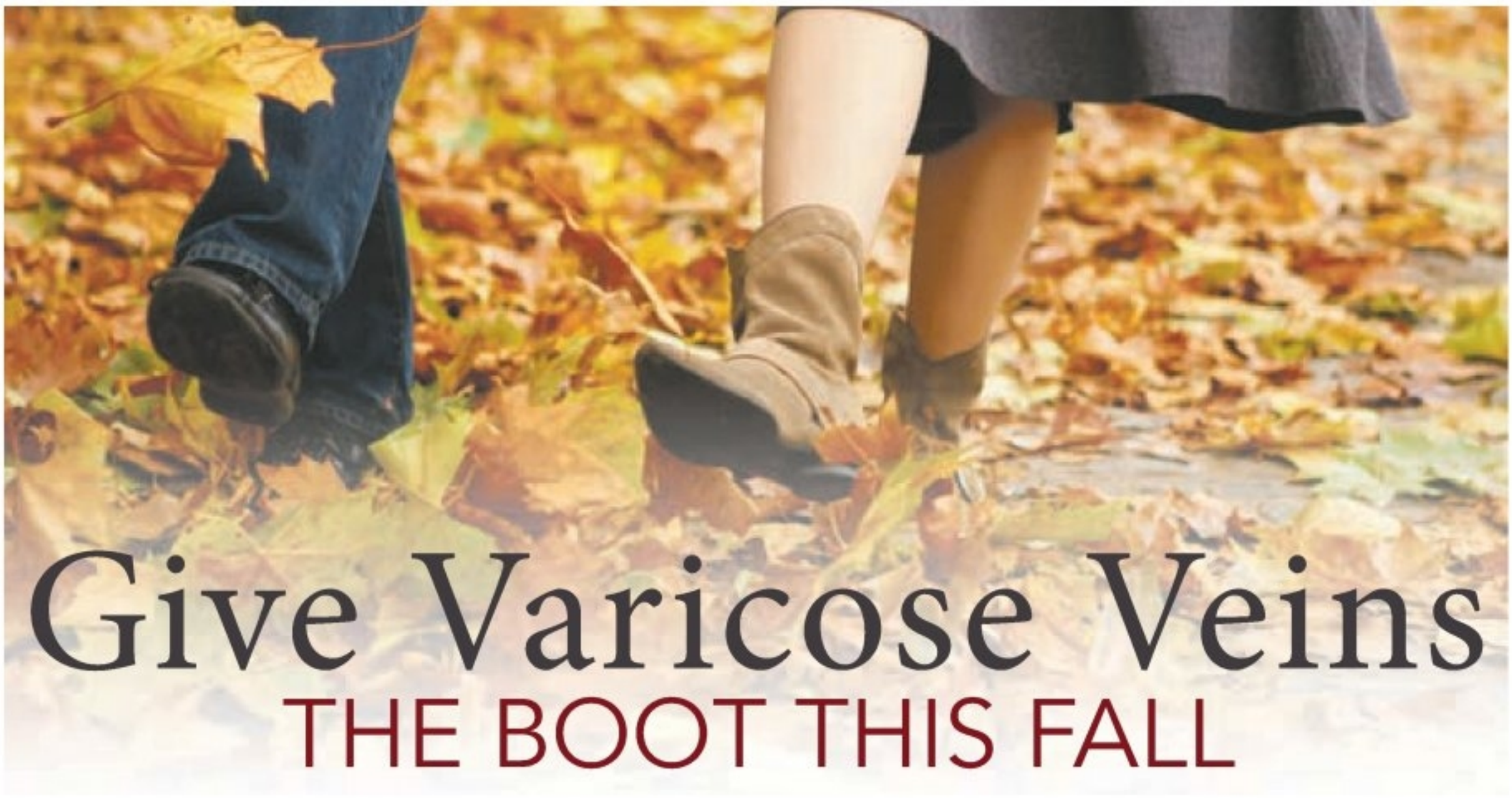
A report from the DOE cites transportation struggles for students — particularly the L train — as one reason for a drop in attendance.

In 2014 Automotive was designated a "renewal" school, giving it additional funds and expanded learning time to help improve test scores and increase attendance, according to DNAinfo. The goal this year was to boost attendance by 3 percent from February of 2015 to 2016, but it ended up dropping .1 percent to 81 percent, the report said.

The report noted teacher turnover as one reason for the attendance issue, but also stated that none of the students live within the school's zip code, according to the Post. Additionally, the report said that 80 percent of students have a commute time of more than 30 minutes, and 43 percent have at least a 45-minute trip to school.

Specifically, according to DNAinfo "unusually disruptive L train issues compared to previous years," were to blame for the attendance dip.

The already overcrowded L train is set to be shut down for 18 months starting in 2019. Those shut downs will include closing the Bedford Avenue stop near the school CRISTABELLE TUMOLA



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# Marine One landing

President Barack Obama lands in Marine One at the Wall Street Landing Zone on Sunday. GETTY IMAGES

# NYPD: Boy, 14, accused of igniting Muslim woman's clothes

Two of the suspects, including the teen on the right, who police said was arrested NYPD

A 14-year-old boy is facing attempted assault and harassment charges for allegedly attacking women by setting their clothes on fire in midtown Manhattan last week.

Because the victim of the attack is a Muslim woman, the charges are all considered hate crimes, police said. The boy's name is not being released because he is a minor.

He was arrested in connection with a Sept. 10 attack in which two individuals set a teenage girl's T-shirt on fire on West 42nd Street between Sixth Avenue and Broadway, DNAInfo reported. They were chased away by the victim's mother.

Police now believe that the teen and at least one accomplice are responsible for attacking at least six women throughout that day.

Authorities describe the other suspect as being about the same age as the arrested teen, and last seen wearing a black tanktop.

Police are also looking for other witnesses and persons of interest in the case. CHRIS CAESAR

## BRIEFS

**Architect killed in fall from skyscraper rooftop**

An architect fell to his death from the roof of a 47-story building in midtown Manhattan, authorities said.

Bruno Travalja, 52, owner of a New Jersey architectural firm, was examining an area where a glass barrier for rooftop terrace was to be installed on Thursday when he fell, according to NY 1 News.

Travalja was wearing a safety harness, but it apparently wasn't secured to anything on the building at 135 W. 52nd Street. He approached the ledge and attempted to prevent some building materials from falling when he lost his footing.

The city's Department of Buildings is investigating the accident.

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## BRIEF

**Gasoline prices spike as Colonial begins bypass around damaged line**

Retail gasoline prices surged due to continuing problems with Colonial Pipeline Co.'s gasoline line that carries fuel to the U.S. East Coast, as the company started to construct a bypass line around the leak.

Colonial said on Saturday evening that it would construct a bypass that circumvents the leak, which occurred more than a week ago in Shelby County, Alabama. It is unclear when construction will be completed but the company has previously said it anticipates reopening the line, which can carry up to 1.2 million barrels of gasoline a day, later this week.

The volume of the spill is estimated to be between 6,000 and 8,000 barrels.

The average price of a gallon of regular gasoline in Georgia rose to $2.26 as of Sunday morning, according motorists' advocacy group AAA, up more than six cents overnight and more than 15 cents in a week. Prices were up 4 cents in North Carolina to $2.136 and 4 cents in South Carolina to $2.011.

Local media reports have shown gasoline lines forming across the U.S. Southeast due to the shutdown and analysts believe that retail prices could be affected for more than two weeks. New York gasoline futures are up 9 percent in the past week, and rose 0.68 percent to $1.4715 a gallon after the market opened for trading at 6 p.m. EDT on Sunday.

Colonial shut its main gasoline and distillate lines that run from the Gulf Coast to the East Coast on Sept. 9 after the leak was discovered. The damaged Line 1 can carry 1.2 million barrels of gasoline per day and runs from Houston to Greensboro, North Carolina. REUTERS

From left, Arian Foster, Kenny Stills and Michael Thomas of the Miami Dolphins kneel during the national anthem before the game at Gillette Stadium on Sunday in Foxboro, Massachusetts. GETTY IMAGES

# More kneeling NFL players, raised fists, in protests

Three Miami Dolphin players also "took a knee" before their game against the New England Patriots as public protests continued in the National Football League aimed at drawing attention to racial inequality.

Los Angeles Rams defensive end Robert Quinn raised his fist and San Francisco 49ers backup quarterback Colin Kaepernick was among several players who knelt during performances of the U.S. national anthem on Sunday.

Kaepernick started what has become a controversy when he began the gesture against injustice and police brutality by refusing to stand for "The Star-Spangled Banner" during preseason games.

On Sunday, he and 49ers safety Eric Reid again knelt for the national anthem before their game against the Carolina Panthers, while safeties Antoine Bethea and Jaquiski Tartt, linebacker Eli Harold and cornerback Rashard Robinson raised their right fists.

In Los Angeles, Quinn also held his right fist high during a rendition of the national anthem by American singer-songwriter CeeLo Green ahead of the Rams' regular season home opener against the Seattle Seahawks.

However, wide receiver Kenny Britt, who joined Quinn in making the gesture on Monday Night Football in Week 1, did not follow suit.

The gesture by Quinn, 26, who is African-American, recalled the raised fist demonstration by black athletes Tommie Smith and John Carlos during their medal ceremony at the 1968 Olympic Games in Mexico City.

Arian Foster, Kenny Stills and Michael Thomas of the Miami Dolphins knelt before their game in New England, and Tennessee Titans cornerback Jason McCourty and defensive tackle Jurrell Casey raised their fists in Detroit.

The protesting players have been seen as allies of the Black Lives Matter movement, which grew in response to a string of high-profile police killings of unarmed black people across the country. About two-thirds of NFL players are black.

The protests have also provoked anger in some fans who see the gesture as disrespecting the U.S. flag, the military and the nation in general. REUTERS

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# Pro-Putin party wins 44.5 percent in parliament vote: Exit poll

People cast their ballots at a polling station during parliamentary election in Kazan, Russia on Sept. 18, 2016. GETTY IMAGES

The ruling United Russia party, which Putin founded, won 44.5 percent in Sunday's vote, an exit poll showed, slightly down on the last election. But it was still enough to preserve the dominance of Putin's allies in the Duma, or lower house of parliament.

Allies of Russian President Vladimir Putin comfortably won a parliamentary election on Sunday, but early indications were that turnout was low, suggesting a softening of enthusiasm for the ruling elite 18 months away from the next presidential election.

Putin, speaking to United Russia campaign staff minutes after polling stations closed, said the win showed voters still trusted the leadership despite an economic slowdown made worse by Western sanctions over Ukraine.

Putin's aides are likely to use Sunday's result, which leaves United Russia by far the biggest party, as a springboard for his own campaign for re-election in 2018, though he has not yet confirmed that he will seek another term.

"We can say with certainty that the party has achieved a very good result; it's won," Putin said at the United Russia headquarters, where he arrived together with his ally Dmitry Medvedev, who is prime minister and the party's leader.

Alluding to the spluttering economy, which is forecast to shrink this year by at least 0.3 percent, Putin said: "We know that life is hard for people, there are lots of problems, lots of unresolved problems. Nevertheless, we have this result."

In the last election for the Duma, or lower house of parliament, in 2011, United Russia won 49 percent of the vote.

There were some reports of voting irregularities. Reuters reporters at one polling station witnessed several people casting their ballot, then coming back later and voting again. Election chiefs said were was so far no evidence of large-scale cheating.

After the last election, anger at ballot-rigging prompted large protests in Moscow, and the Kremlin will be anxious to avoid a repetition of that.

According to the exit poll, by state-run pollster VTsIOM, the populist LDPR party was in second place with 15.3 percent, the Communists were in third on 14.9 percent and the left-of-center Just Russia party was fourth with 8.1 percent.

All three of those parties tend to vote with United Russia on crunch issues in parliament, and avoid direct criticism of Putin.

With 11 percent of votes counted as of 8:30 p.m. GMT, the official results were broadly in line with the exit poll.

Election officials said that as of 7 p.m. Moscow time, two hours before polling stations in the capital closed, turnout was 39.4 percent, substantially down on the 60 percent turnout at the last parliamentary election.

There was some evidence of voter apathy during the day on Sunday as people went to polling stations across Russia's 11 times zones, stretching from the Pacific Ocean to the Baltic Sea.

A taxi driver in Ufa, just over 840 miles east of Moscow, told a Reuters reporter that voting "was like urinating into a blocked toilet." "Why bother?," the man, who gave his first name as Ilysh, said. REUTERS

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# Philadelphia cops remain hospitalized after gunman's rampage that left bystander dead

Police say the gunman had written a manifesto titled "Doomed."

CHRIS CAESAR
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Two lawmen remain hospitalized in the wake of a gunman's rampage that left one person dead and several others wounded.

The gunman was shot and killed by police after ambushing a Philadelphia police sergeant late Friday night. The suspect wounded five other people, including a University of Pennsylvania police officer during the shooting spree.

The person who died was identified by the Philadelphia Inquirer as Sara Salih, a 25-year-old student at Community College of Philadelphia who was in a car outside her home at the time she was shot in the chest.

The suspect was identified by police as Nicholas Glenn, 25, of West Philadelphia, who police said had written a manifesto entitled "Doomed."

Police Commissioner Richard Ross told reporters that officers found a "rambling" letter allegedly written by the gunman, expressing hatred toward police, but "mostly talking about himself," according to NBC Philadelphia.

He added that investigators did not have any reason to believe that the gunman had any religious beliefs that drove him to commit the shootings.

The rampage occurred just before 11:30 p.m. along a few blocks near 48th and Sansom streets

Sgt. Sylvia Young, 46, was sitting in her cruiser at 52nd and Sansom when the gunman approached and began firing without saying a word. Young, trapped, reportedly leaned to the passenger side seat until the firing stopped. After about 15 shots, Young was struck in the arm and in her protective vest a total of eight times, police said.

Other officers who heard the shots responded to the scene and chased the man, who continued to shoot people during the chase.

Near 51st and Sansom, the man fired into a bar, wounding a security guard. He then took a woman as a human shield before shooting her in the leg, according to police. Moments later, the suspect ran by a white car, firing into it and killing Salih and critically injuring another man.

It was then that police cornered the man in an alley, where he was shot and killed, police said. University of Pennsylvania police officer Eddie Miller joined in the chase and was shot twice during the confrontation. He also remains hospitalized.

Officers patrolled in pairs in the wake of the attack, the commissioner said.

"Thank you for what you do for us every day, and please, please, please, every shift, please wear your vest," Mayor Jim Kenney wrote in a statement praising officers. "They will save your life, as we saw tonight."

The weapon recovered by police had an "obliterated" serial number, Ross said, noting his department would work with the ATF to track its source.

*Additional reporting by Sam Newhouse*

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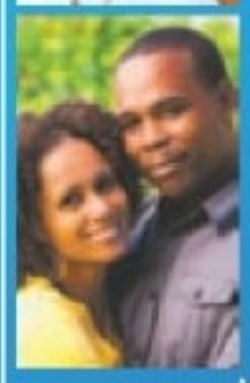

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**Date:** Wednesday, September 21, 6:30pm – 7:45pm.

**Presenters:** Dennis Cardone, MD;
Gauri Dhamnaskar, Physical Therapist.

**Location:** The Center for Musculoskeletal Care.
333 East 38th Street. 6th Floor Conference Room.

**Info:** This lecture is free and open to the public, but you must RSVP. To attend, email belkys.dejesus@nyumc.org. View past NYU Langone lectures at youtube.com/nyulmc.

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***— C.S. from Fort Worth, TX***

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# US, Japan, South Korea ministers discuss tougher measures against N. Korea

Foreign ministers for the United States, Japan and South Korea met in New York on Sunday, ahead of U.N. meetings, to discuss stepped-up measures against North Korea and expand collaboration with one another after Pyongyang's fifth and largest nuclear test.

The Sept. 9 blast was in defiance of U.N. sanctions that were tightened in March.

The meeting between U.S. Secretary of State John Kerry, Japanese Foreign Minister Fumio Kishida and their South Korean counterpart, Yun Byung-se, was the first since the latest nuclear test. It will be one of the main issues discussed by world leaders at the United Nations General Assembly this week.

In a joint statement, the ministers said North North's disregard for multiple U.N. resolutions prohibiting its missile and nuclear programs called for even stronger international pressure.

North Korea has been testing nuclear weapons and ballistic missiles at an unprecedented rate this year under leader Kim Jong Un.

"They discussed the important work currently taking place in the Security Council to further sanction North Korea and considered other possible measures of their own, in particular ways to further restrict revenue sources for the DPRK's missile and nuclear programs, including through illicit activities," the ministers' statement said.

"They reaffirmed that they remain open to credible and authentic talks aimed at full and verifiable denuclearization of the DPRK," the statement said, referring to the country's formal name, the Democratic People's Republic of Korea.

Secretary of State Kerry GETTY IMAGES

The United States has said it is willing to negotiate with the North if the country commits to denuclearization, which Pyongyang has refused to do.

Washington has pressed Beijing, which is Pyongyang's most important diplomatic backer and trading partner, to do more to rein in North Korea. REUTERS


42

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# MERCENARY TERRITORY

Brace yourself, kids — we're only seven weeks and change from the election, and it's going to be flying fists and broken glass from here on out. Roll some bandages. Grab the smelling salts. You might even want a helmet. Here are my three thing to watch this week in politics.

**TOM FOREMAN**
*Opinion*

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously." @tomforemancnn

**1. RAGING BULL REDUX**
Every boxing movie has the obligatory montage of the contenders working the speed bag, skipping rope and running ahead of the big match. That will be Camp Clinton this week as the first debate looms: reviewing policy positions, practicing and pumping up the candidate's stamina after her recent illness. Team Trump — who knows? The billionaire has voiced disdain for traditional debate preps and it has served him well so far. Expect both contenders to be pelted with questions about their readiness, and pundits to endlessly debate the tale of the tape. Like most sports analysis, it won't mean a thing when the bell rings and the punching starts.

**2. BIRTH OF A FRUSTRATION**
Democrats have been doing the happy dance over Trump's barely-there acknowledgement that President Obama was born in the United States. It is a surefire flip-flop on an issue Trump has pushed like a shopping cart for years. But keep an eye on the polls: The Democrats' celebration will fade fast if the kerfuffle fails to stop Trump's rising numbers. As of this writing, he has all but wiped out Hillary Clinton's once daunting lead, and it's not clear if swing voters care much about the birther admission. Can you say pyrrhic victory?

**3. OBAMA CARES**
Meanwhile, back at the White House ... the administration is scrambling to bolster the president's signature health care reform legislation which is struggling. The president is trying to reassure remaining insurers in the wake of some big name companies dropping out. Probably it won't matter to the election. But keep a little eye on it — this could yet be a sleeper issue if the program's hemorrhaging doesn't settle down before November.

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# Knee Pain Screenings Offered To Help Determine If New York Metro Area Residents Qualify For Popular Treatment

## *Knee pain sufferers have limited time to claim knee pain screening to see if all-natural knee arthritis treatment might work for them*

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have **flocked to *NY Pain MD*** New York City.

That's when their specially trained-doctors added Hyalgan treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

### Why So Many Want It

You see, when you suffer with arthritis - the lubricating **fluid (synovial fluid) in your knee joint dries up.**

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

### Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

### Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

### Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

*"We have been able to help so many knee pain sufferers - even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use* ***"Precision Arthritis Targeting Technology".*** *This allows us to place the Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without technology can miss the joint up to 30% of the time."* noted the Director of Center

***NY Pain MD*** is a state of the art medical facility offering only the best technology.

**And that's not all :**

*"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries."* added the director.

### How To Find Out If It Can HelpYou?

If you have knee pain, the ***NY Pain MD*** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology.*

***Many Insurance Plans Participate:***
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*Auto Accident plans*
*Out of newtork:*
*Aetna • Cigna • Empire • Oxford • Ghi • 1199 Blue Cross Blue Shield & others*
**EZ payment plans and financing also available*

**Advanced Medical Technology Can Make All The Difference:** This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACLTY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. ***NY Pain MD*** uses this P.A.T. Imaging Technology. with each and every treatment.

**All you have to do is call 800-227-KNEE (5633)** right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at ***NY Pain MD*** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

**And here's something really important -** Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 800 227 KNEE

### Are You Qualified For Knee Arthritis Screening With *NYC Pain MD?*

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Supartz Synvisc) without satisfactory results?

**If you answered yes to any of these questions - give *NY Pain MD* a call and schedule your no obligation knee pain screening**

NYC PAIN MD

**800-227-KNEE (5633)**

# Baby Boomers May Avoid Knee Surgery With Modern Arthritis Treatments

## *Doctors say these two factors are the keys to knee arthritis treatment success and relieving pain without surgery*

**By Matt Edgar**

*America's Health Writer*

**New York City** - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

*"We all know that countless lives are being saved every year because of early detection and better treatment"* noted the clinic director at the ***NY Pain MD*** in New York City. *"The same holds true for treating arthritis pain. I believe we are having so much success at* ***NY Pain MD*** *because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly"*

**What is the "correct treatment?"**

*"That depends,"* said the director. *"There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* added the director.

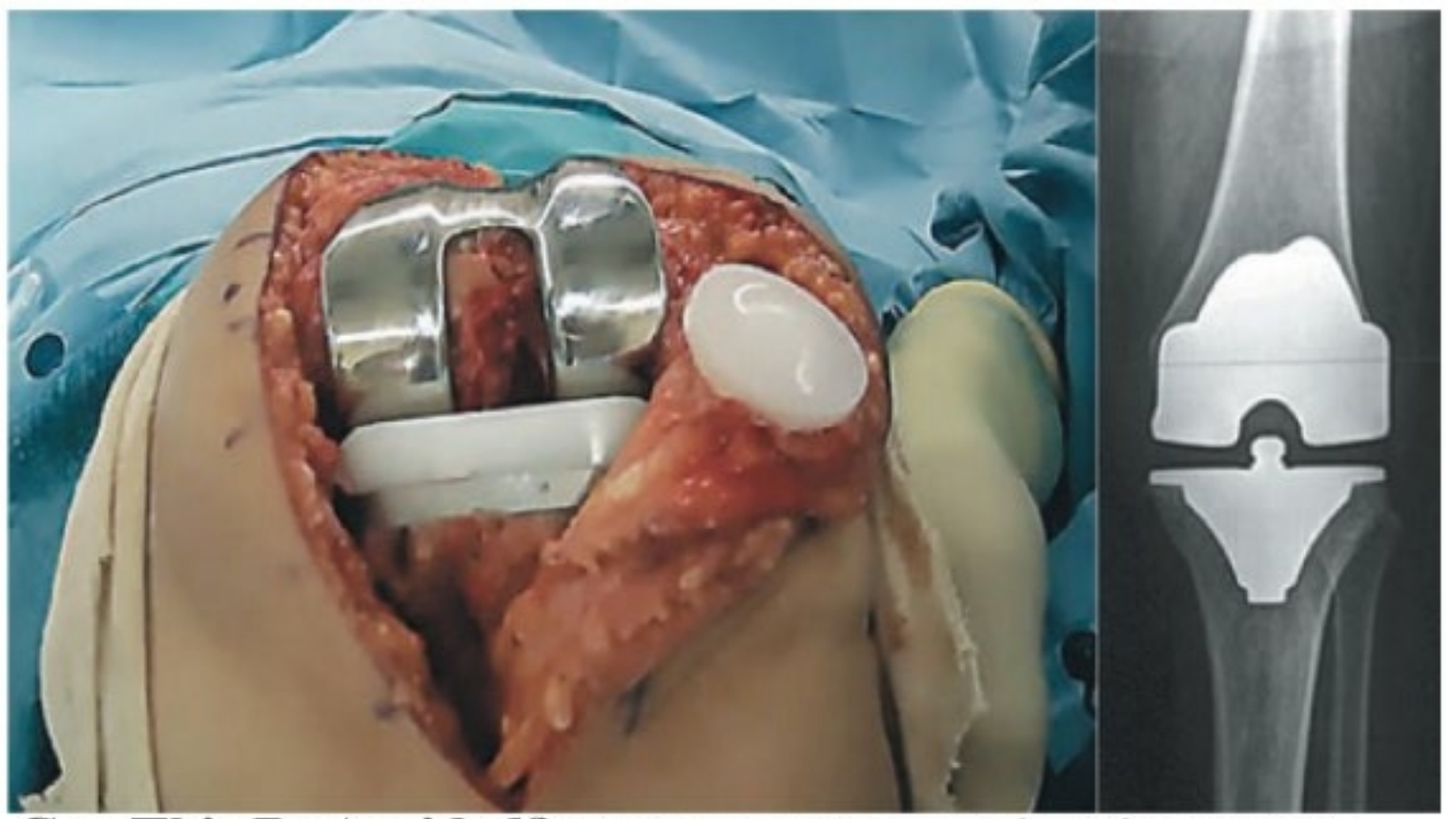
For many knee arthritis pain sufferers the right treatment is Viscosupplementation **whereby** a preparation of Hyaluronic acid **a gel-like FDA approved medicine** is applied directly into the knee joint using *Precision Arthritis Targeting Technology.*

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early visc**osupple**cosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at ***NY Pain MD*** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

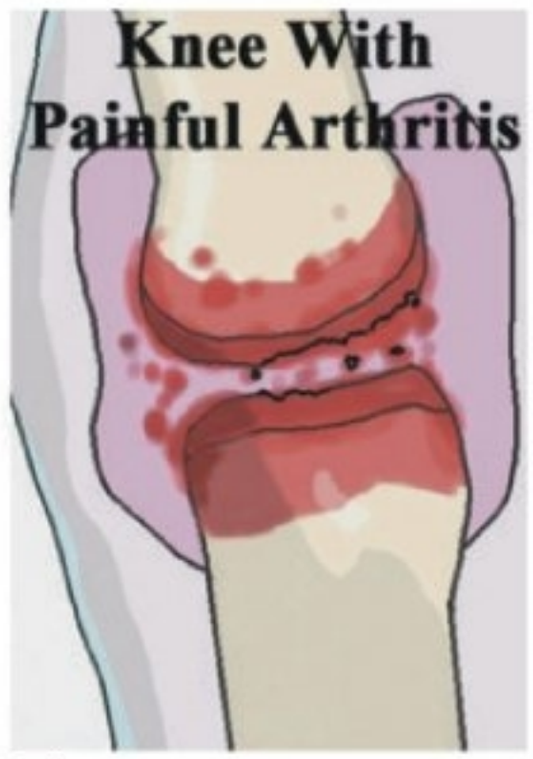
A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.)can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.

*"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are to not wait, get a good evaluation from an expert and make sure precision arthritis targeting is used to make sure you have the best chance for success."*



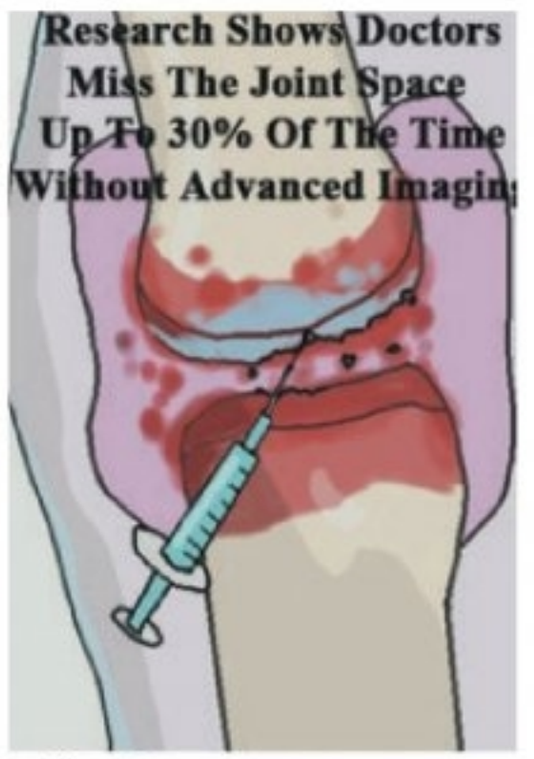
**Can This Be Avoided?** Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.

**Everyone Wants Proof:** In the artist simulated drawings above, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.




**Pain** - The red is a knee joint with painful osteoarthritis. With progressive "drying out", arthritis causes the joint space to decrease and an array of symptoms which may include grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.

**Successful Treatment** - **Treatment** (blue) being applied directly into the knee joint using **Precision Arthritis Targeting Technology**. Advanced imaging allows treatments to be as precise as possible. **Viscosupplementation** can lubricate the joint and decrease pain.




**Failed Treatment** - the medicine misses the joint space. Research shows this occurs up to 30% of the time without the use of **Precision Arthritis Targeting Technology** to guide the injection. This is why prior treatment may not have worked for you.

# Moscow: Strikes on Syrian army threaten US-Russia ceasefire plan

The diplomatic row heated up on the last day of a seven-day ceasefire marred by a surge of violence as warplanes hit the strategic northern city of Aleppo for the first time since the truce came into effect.

Syrians sit and look at the rubble following an airstrike on the regime-controlled neighbourdhood of Karm al-Jabal on Sunday. GETTY IMAGES

Moscow stepped up its war of words with Washington on Sunday, saying air strikes by a U.S.-led coalition on the Syrian army threatened the implementation of a U.S.-Russian ceasefire plan for Syria and bordered on connivance with Islamic State.

On Saturday, the Russian defense ministry said U.S. jets had killed more than 60 Syrian soldiers in the eastern Syrian city of Deir al-Zor in four air strikes by two F-16 and two A-10 fighter jets coming from the direction of Iraq.

Syria's U.N. Ambassador Bashar Ja'afari charged that U.S.-led strikes were aimed at torpedoing the ceasefire, but France's foreign minister, speaking in New York, placed the main blame for truce violations on the government of President Bashar al Assad.

The Syrian Observatory for Human Rights, a Britain-based monitoring group with contacts across Syria, cited a military source at Deir al-Zor airport as saying at least 90 Syrian soldiers had been killed in the four air strikes.

Russia's foreign ministry denounced the U.S. position on the incident as "unconstructive and inarticulate."

"The actions of coalition pilots — if they, as we hope, were not taken on an order from Washington — are on the boundary between criminal negligence and connivance with Islamic State terrorists," it said in a strongly-worded statement.

"We strongly urge Washington to exert the needed pressure on the illegal armed groups under its patronage to implement the ceasefire plan unconditionally. Otherwise the implementation of the entire package of the U.S.-Russian accords reached in Geneva on Sept. 9 may be jeopardized."

Russia, which along with Iran supports Syria's Assad, has called on the United States to press units of the moderate Syrian opposition to separate themselves from Islamic State and other "terrorist groups."

Iran also condemned the U.S. military action. "Such moves indicate America supports terrorist groups in Syria," a foreign ministry spokesman said, according to Iranian news agencies. REUTERS

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# Reagans' personal items to be auctioned

A pair of Ronald Reagan's cowboy boots sit in a case at Christie's where items from the former president and Nancy Reagan's California home are to be auctioned. GETTY IMAGES

Furniture, jewelry and cowboy boots are among the more than 700 personal items that once belonged to President Ronald Reagan and first lady Nancy Reagan set for sale by auctioneer Christie's in New York starting on Monday.

"It's the private side of a very public life," said Johnathan Rendell of Christie's. "A lot of the things on sale went with them from California to the White House and then came home again."

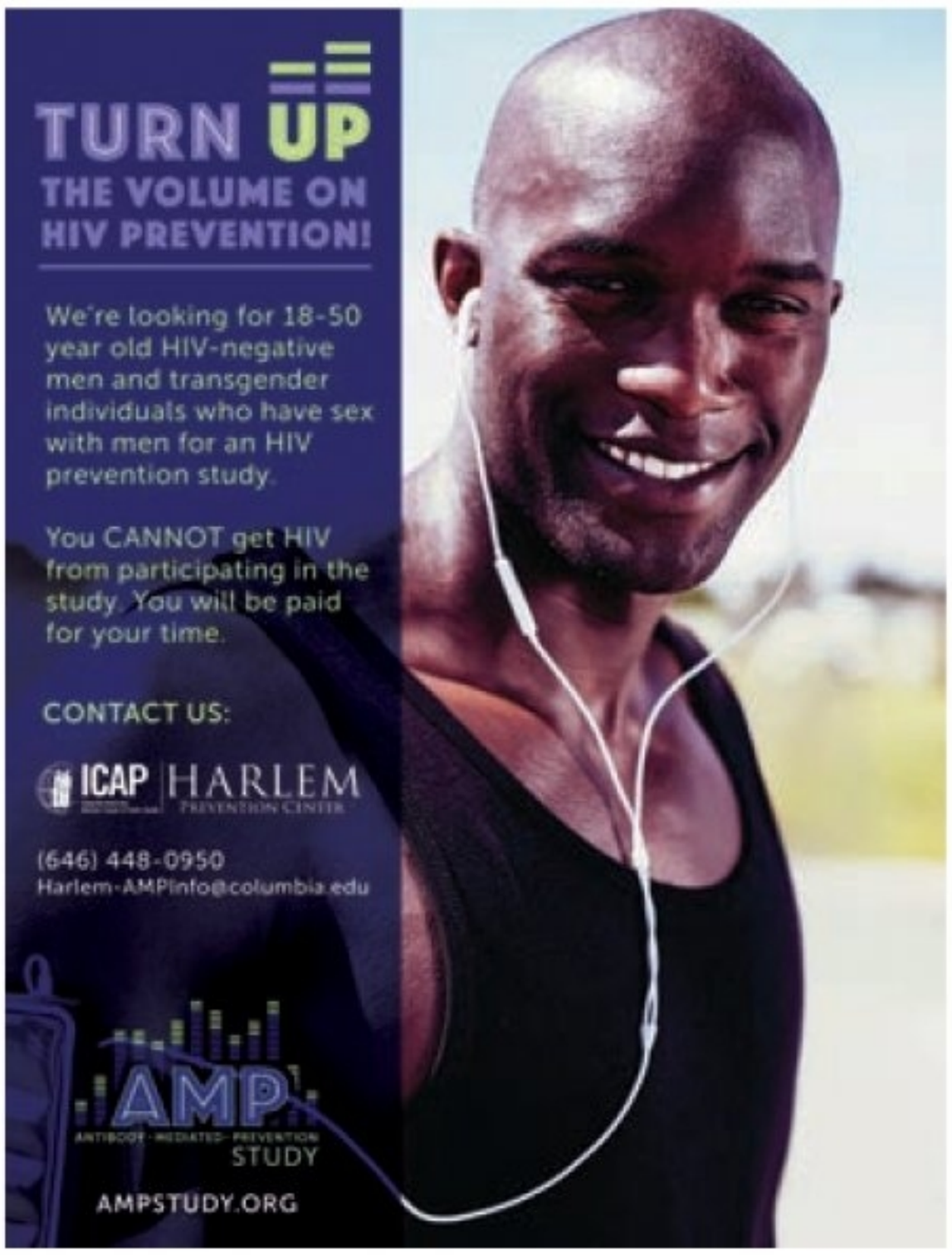
Nancy Reagan died in March while Ronald Reagan died in 2004. The auction is expected to generate more than $2 million dollars, with the money going to The Ronald Reagan Presidential Foundation and Institute.

Rendell said the couple lived modestly. "This is not an incredibly lavish lifestyle. There are a lot of things that relate to their spending time together. Almost everything comes in pairs. They were notoriously devoted to each other and that really shows."

Among the items are cowboy boots that were a gift from Western actor Rex Allen and embossed with the presidential seal, expected to sell for to $20,000.

The top lot of the sale is Mrs. Reagan's diamond and gold lion pendant necklace by Van Cleef & Arpels expected to sell for $30,000 to $50,000.

REUTERS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**Date:** Tuesday, September 20, 6:00pm – 7:00pm.
**Presenter:** Marleen Meyers, MD.
**Location:** Perlmutter Cancer Center.
160 East 34th Street. 11th Floor, Room 1121.

**UPDATES ON THE DIAGNOSIS AND TREATMENT OF LOCALIZED PROSTATE CANCER.**

In this lecture, we discuss how prostate cancer is diagnosed and review the treatment options available. We will also discuss online opportunities for networking and learning about prostate cancer. In recognition of Prostate Cancer Awareness Month.

**Date:** Thursday, September 22, 6:00pm – 7:30pm.
**Presenter:** Stacy Loeb, MD.
**Location:** Perlmutter Cancer Center.
160 East 34th Street. 11th Floor, Room 1121.

These lectures are free and open to the public, but you must RSVP. To attend, call **212.263.2266** or visit **nyulangone.org/cancerrsvp**. View past lectures at youtube.com/nyulmc.

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## Best Dressed at the 2016 Emmy Awards

ALL PHOTOS GETTY IMAGES

# Let's alternate the Emmys and the Oscars

TV is better than movies now. Maybe we should care more about this award show.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Clockwise, Julia Louis-Dreyfus, Sterling K. Brown, Jill Soloway and Rami Malek all won Emmys. ALL PHOTOS GETTY IMAGES

The Oscars get Chris Rock, Ellen DeGeneres and (gulp) Billy Crystal. The Golden Globes openly invite the savagery of Ricky Gervais or, if they're in a better mood, give us Tina Fey and Amy Poehler. But when it comes to nabbing a thrilling, funny, entirely of-the-moment host, the Emmys can only muster someone like [drum roll] Jimmy Kimmel? Wait, is it 2005? Does he still host a talk show?

The contrast is all the more galling when you consider this: TV is what movies used to be. It's where you get the best stories, the funniest comedies, the finest actors. It doesn't break a sweat creating diversity. TV is what you talk about around the water cooler instead of whatever comic book movie opened at the multiplexes. Maybe it's the Emmys we should all pretend we care about.

But they aren't, and so we're stuck with Kimmel, who was, frankly, not bad! He was peppy and charming, even if his digs at The Donald couldn't touch the one made by Aziz Ansari, who suggested kicking out everyone there who was Muslim or Hispanic. ("This would be much easier at the Oscars.")

The awards themselves mixed obvious wins with surprises and firsts. Yes, Rami Malek won for "Mr. Robot." Yes, Jeffrey Tambor won for "Transparent." Yes, "O.J. Simpson" took home everything, from Best Limited Series to Courtney B. Vance to Sterling K. Brown, as Johnny Cochran and Chris Darden, respectively. Sarah Paulson won for making O.J. prosecutor Marcia Clark the most sympathetic person on the 10-episode series.

Perhaps less obvious was "Game of Thrones" beating a tight competition for Best Drama Series, or Tatiana Maslany triumphing over a mighty field for "Orphan Black."

Julia Louis-Dreyfus mixed savage humor with real tears while winning yet another Emmy for ruling over "Veep," which also grabbed it second Emmy for Comedy Series. First, she acknowledged the elephant in the room: "Our show started out as a political satire, but now it feels like a sobering documentary. So I certainly do promise to rebuild that wall — and make Mexico pay for it," she cracked. Then she turned the screw, suddenly choking up while pointing out that her dad died Friday.

No awards show is complete without political howling. But hand it to Jill Soloway, creator of "Transparent," for which won a directing award: She managed the unheard-of feat of being both preachy and fun. She pointed that by putting gay and trans people on TV, she got the masses (well, some of them) to not be horrible bigots, before holding up her trophy and shouting, "Topple the patriarchy!"

In print, it reads fiery and in-your-face, but Soloway sounded playful and inviting and cool. This was a moment the Oscars would kill for.

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# KT Tunstall is probably still stuck in your head

KT Tunstall's single "It Took Me So Long to Get Here, But Here I Am" is just as literal as it sounds. PROVIDED

Get ready for Round 2.

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We all can sing along with KT Tunstall. The Scottish singer-songwriter's two early 2000s mega hits thrust her into the spotlight with her first studio album, "Eye to the Telescope." Not only did Tunstall dominate the radio charts, her music lent itself as a pop-culture plot device — think the "Fight Song" of back in the day.

If there was a television show about an ambitious woman with her eye on the prize, "Suddenly I See" likely appeared in the trailer. Hillary Clinton nearly chose the song as her official 2008 campaign single (it was rejected for using the word "hell") while "Black Horse and the Cherry Tree" earned her a Grammy nom for Best Female Pop Vocal Performance.

Tunstall churned out albums (2007's "Drastic Fantastic," 2010's "Tiger Suit," and 2013's "Invisible Empire//Crescent Moon"), but nothing quite stuck the way her 2004 debut did.

"I decided not to make any records for a while," the 41-year-old remembers. "I had gone through massive shifts in life that were difficult and some that were rewarding. I lost my dad, and things had changed in London so I packed up and moved to Venice Beach."

Tunstall had found herself pining for the sandy California town after passing through on tour. There she found new beginnings and the long commutes that began to inspire her to write again — but not for radio.

"I wasn't attracted to the idea of writing another album," she says of her time at Sundance Institute's Film Composers Lab. "I wanted to enter into film scoring; I did training for a year and wrote for films and loved it." Tunstall's film credits include "Bad Moms" and Disney's "Million Dollar Arm" — but still, the winding roads of California, with a steady soundtrack of Joni Mitchell and Neil Young eventually drove her back to writing tunes you could sing along to.

"At first, my body and mind were like, 'Don't do it, give us a break,'" she laughs. "But the songs kept coming. I started writing in secret — and by the time I told the label, I had done a bunch of demos and the [album] was close to done."

The result is "Kin," an 11-track fifth LP recorded in L.A. for Caroline Records. The first two releases, "Maybe It's a Good Thing," and "It Took Me So Long to Get Here, But Here I Am," are just as literal as they sound.

"One thing about that experience is that it was joyful," says Tunstall. "[In recording the album] I didn't want to do it unless I would be enjoying myself. That doesn't mean it had to be easy. It means that it has purpose and fulfillment."

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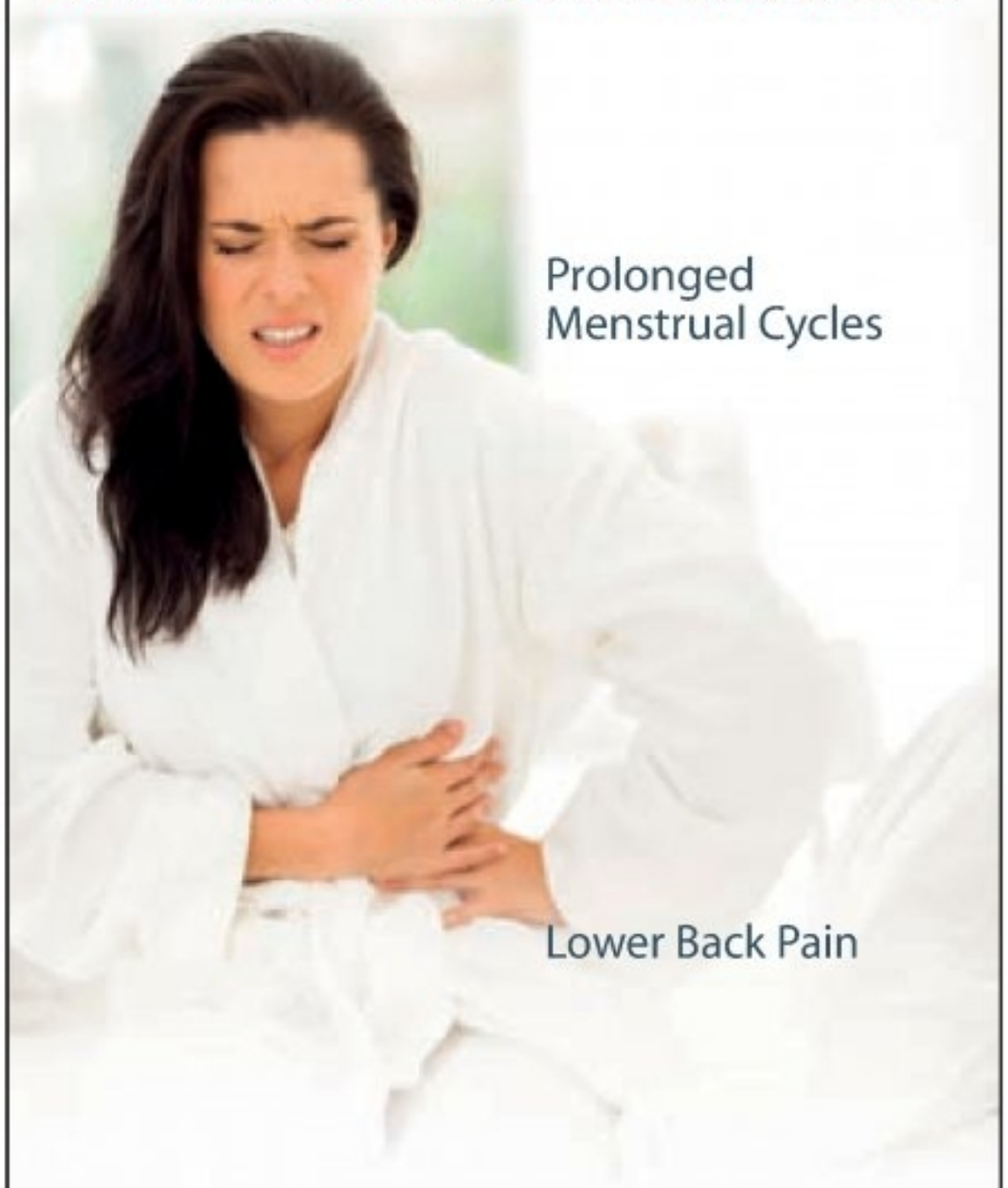


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# What you need to know about prostate cancer

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According to the Centers for Disease Control and Prevention, prostate cancer is the most common nonskin cancer among American men. A study published last week in the New England Journal of Medicine revealed encouraging news: Researchers found no difference in the death rate between patients who chose early treatment such as radiation or surgery, and those who chose "active monitoring" and opted for treatment only if the disease progressed.

But it also found cancer was more likely to spread in men who opted for monitoring. Doctors say the results will help them better inform patients.

Dr. Freddie C. Hamdy, one of the study's leaders, told The New York Times: "I can counsel patients better now. I can tell them very precisely, 'Look, your risk of dying from cancer is very, very small. If you receive treatment you will get some benefit. It will reduce the disease from growing outside your prostate, but these are exactly the side effects you might expect.'"

September is National Prostate Cancer Awareness Month. We talked to Dr. Ash Tewari, chairman of the urology department at Mount Sinai Health System, about the risks and treatments, and the importance of screenings.

### Who's at risk for prostate cancer?

Any men more than 45 years of age is at risk for prostate cancer. Positive family history increases the risk. African-Americans are also at greater risk; inflammation is often a culprit.

### What are the symptoms?

There are no symptoms during earlier stages. In the later stages, urinary blockade, blood in urine and bone pain.

### When should screening start?

Shared early detection should start at 50 years of age. ... Discussions about potential side effects and overtreatment and overdiagnosis are also important.

### How can you lower your risk?

Eating healthy and exercising are important tools. Keeping a proactive attitude is also important.

### How is prostate cancer treated?

Treatment depends upon the stage. Very early cancer is best observed by active surveillance. Early cancer could be observed or treated by radiation, surgery or focal therapy. Advanced cancers need multimodality treatments.

### What is the outlook if cancer is caught early?

Very promising. SHEILA DOUGHERTY

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HOW TO GET AHEAD

# How not to fail your fall internship

Starting off on the right foot can make a difference this semester — and throughout your career.

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During an internship, upholding basic standards of professional decorum is key. So is maintaining boundaries, knowing the right time to ask questions, respecting your superiors and — well, there are a lot of workplace rules that you won't fully learn until you're on the job.

So before starting that internship this fall, check out this cheat sheet on best practices, and heed the expert advice.

## Curb your criticism

When starting an internship, give yourself some time to get acclimated before you critique or comment on how business is done. Let's say you're coming in as a social media or web intern, and you weren't impressed with the company's website. "It would be easy to critique the website, but you have nothing to lose by waiting a bit, and you have a lot to lose by spouting your views too quickly," says Allison Cheston, a career adviser based in New York. "Nobody likes a critic, especially an uninformed one."

## Take care of No. 1

Some internship programs are well-oiled machines. Others, not so much. "In an ideal setup, your boss would be very forthcoming, and would invite you to have lunch the first day," says Cheston, "but so often, internships are catch-as-catch-can — they're not that well-organized." Cheston encourages interns not to expect hand-holding: Ask if you need office supplies, take a lunch even if no one tells you to and please, use the bathroom.

## Don't groan about menial work

By their very nature, internships require repetitive tasks. Do the work you're given graciously — even if it's boring. "Having an attitude that you are learning simply by being in an office environment and seeing how work is done will help you frame these types of [menial] tasks — and being good-natured about executing them will go a long way toward impressing your bosses," says Cheston. Truth: Nobody starts at the top.

## Know when to observe

An internship is a learning opportunity, and sometimes, that means your main objective "is to relieve your boss of work stress while making her look good," says Cheston. "The early days of an internship should be devoted to watching and listening and completing work in an organized, intelligent fashion."

## And when to step up

That being said, if you're not getting anything substantive out of the internship, then that's an issue. Never accept only rote tasks during an internship, says Heather Huhman, a Gen Y career expert and the founder of the PR firm Come Recommended. "If you're being given only menial tasks, come up with a list of three to five tasks you would like to work on that would also greatly help the company, and request a meeting with your boss to discuss them," she says.

## Ask questions

Bosses don't always have time to explain everything in detail, but you should show a sense of curiosity about the work. But be careful — that doesn't mean pinging your boss with every minor concern. Says Cheston, "If you ask questions that you should be able to find answers to on your own, you are adding to her workload. There's nothing more annoying than having a young person constantly expecting to be given work and needing a lot of guidance."

## Make the most of it

The reality of internships is that "many times you'll be frustrated, and your expectations will not be met," says Cheston. However, don't underestimate the power of persistence. "Even if you think you're not learning, you are."

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# How to sabotage your career without really trying

It's easy to undermine yourself. Here's how to avoid self-destructing at work.

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Are you your own worst enemy at the office?

If this sounds familiar, the answer is probably yes: "You have an exaggerated sense of self-doubt, and then question every decision you might want to make over and over again, and that leads to a sense of procrastination because you're constantly contemplating what has gone wrong," says Dr. Elisabeth Kelan, professor of leadership at Cranfield School of Management and an expert on women and leadership.

Self-doubt is just one way of sabotaging your career. Kelan pointed out a few ways you might be shooting yourself in the foot at work without even knowing it.

Don't say "yes" to a task when you're already overwhelmed. ISTOCK

## You fear saying no

We all have a tendency to agree with our bosses, says Kelan. That's why the default answer is "yes" when the boss asks if you can handle more work — even when the truth is "no."

"Often people take on too much, and they don't get their work done properly," Kelan explains. "What some of my colleagues have suggested is to actually have a 'no committee,' so if you're not quite sure if you can take something on and there's a discretionary component in there, you have your no committee who helps you decide."

## You count yourself out for jobs or promotions

While everyone is susceptible to self-sabotaging behaviors, women face specific hurdles that hold them back — particularly on the cusp of career growth.

"[Taking a new job] might mean that they have to change where they live, or it might be a problem for [their] partner, or the partner might not like it that the woman is accelerating in her career — often, just going for it is much more difficult for women than it is for men."

## You don't engage

"Researchers have said that women don't often voice their opinions in meetings, and this might be a behavior that over a longer period of time might hinder progress, because people think they're not fully engaged."

On the flip side, when women speak up, they're sometimes ignored, or their good ideas are attributed to a man. These issues can "be addressed by organizations or the individual themselves," Kelan adds.

## You've fallen into a generation gap

Sometimes, our behaviors undermine our success not because they're counterproductive — they're just perceived that way. For instance, "millennials are stereotyped as being entitled and wanting to be CEO basically the day after they join, but what I was able to show in my research is actually this entitlement stems from this sense that they have to learn as much as possible in a short period of time to remain employable," says Kelan. "That often comes across as very entitled and overconfident, but it's actually a survival strategy."

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# 3 Things we learned as Giants prevail in surprising defensive battle

The Giants just barely moved to 2-0 Sunday.

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Three first half fumbles and a slew of penalties in the second half weren't enough to derail the New York Giants from coming out on top in a 16-13 win over the New Orleans Saints.

After a nail-biter win the week before in Dallas, the Giants were the more dominant team on both sides of the ball in Week 2, but turnovers kept them from pulling away from the Saints. Yet at the end of the day it was the Giants, led by quarterback Eli Manning, who ended up doing enough to squeak out another close game.

Victor Cruz fought for the ball on the Giants final drive, wrestling it away from Saints cornerback Ken Crawley for a 34-yard reception. Kicker Josh Brown would make a 23-yard field goal in the game's final moments for the win.

The win followed a much different philosophy for the Giants than last year's loss at the Superdome where these same two teams combined for 101 points. The Saints punted on their first five possessions.

The turning point of the game came with 2:30 left in the second quarter of a scoreless game. A Manning fumble set up the Saints in good field position but Johnathan Hankins was able to rise up and block Saints kicker Wil Lutz's 38-yard field goal attempt. Janoris Jenkins scooped up the loose ball to race 65 yards for a 7-0 Giants lead.

The Saints struggled but were kept in the game by a Giants offense that managed to move the ball in the first half to the tune of 165 total net yards of total offense but saw running back Shane Vereen, then Cruz as well as Manning each have a fumble.

The Giants hadn't started a season with two wins since 2009 when they started 5-0 only to lose four straight en route to an 8-8 finish.

## 1 The Giants against Brees

The Giants did a reputable job in limiting Brees, the NFL's active passing leader. On a day where he passed Dan Marino for third all-time on the NFL's passing list, Brees was far from his normal self. In the first half the Giants pass rush got him out of sync as the Saints offense struggled to move the ball. Brees had just 243 passing yards and a touchdown, a far cry from his usual self.

## 2 Efficient Manning

Despite a second quarter fumble, Manning had a good day for the Giants and was efficient in picking apart the Saints young secondary. It was a lot of dump passes and underneath stuff from Manning, but it worked. Like Brees, it wasn't the prettiest of days from the Giants quarterback but he still finished with 368 passing yards and passed Drew Bledsoe for 10th all-time on the league's passing list. Manning was efficient and clutch, especially in the game's final drive to set up Brown's game-winning field goal.

## 3 Janoris Jenkins makes a statement

This offseason, Jenkins was one of the big-name signings of the revamped Giants defense and he certainly lived up to the hype. He came into the team as a bit of an enigma, a player with a reputation to take snaps off and fade late in the game. But he shone against the Saints, making big plays such as the blocked field goal that he ran in for a touchdown and a big pass breakup in the third quarter.

***The Giants hadn't started a season with two wins since 2009 when they started 5-0 only to lose four straight en route to an 8-8 finish.***

It was special teams, not down the field offense, that propelled the Giants to victory Sunday. GETTY IMAGES

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# Close finishes by Baltimore, Dallas highlight Week 2 action

**Pittsburgh (2-0) def. Cincinnati (1-1) 24-16**
While the Steelers led throughout, the game never seemed in hand until Ben Roethlisberger found DeAngelo Williams in the end zone to put the Steelers up 24-9 in the fourth.

**Dallas (1-1) def. Washington (0-2) 27-23**
Alfred Morris had just five carries for seven yards against his former team, but one of them was a 4-yard score that gave the Cowboys the victory in the fourth quarter.

**Baltimore (2-0) def. Cleveland (0-2) 25-20**
Lining up for an extra point, Cleveland was looking to go up 21-0. But the kick was blocked, rookie Raven cornerback Tavon Young picked it up and scampered the other direction for two points, and the Ravens scored 23 more unanswered points to stop the short-lived party in Cleveland.

Reports said Jimmy Garoppolo visited the hospital Sunday. GETTY IMAGES

**Tennessee (1-1) def. Detroit (1-1) 16-15**
The Titans won on a fourth down 9-yard touchdown pass from Marcus Mariota (25/33, 238, 2 TD, INT) to Andre Johnson, Johnson's only catch of the game

**Houston (2-0) def. Kansas City (1-1) 19-12**
The Chiefs should have stuck with the ground game, as they ran the ball 19 times for 6.3 yards on average, and ran 41 pass plays that resulted in just 4.2 yards per play.

**New England (2-0) def. Miami (0-2) 31-24**
The Patriots built a big lead early and needed every bit of it as they lost Tom Brady stand-in Jimmy Garoppolo (18/27, 283, 3 TD) to injury.

**Carolina (1-1) def. San Francisco (1-1) 46-27**
A week after shutting out the Rams, the 49ers allowed the highest total in the NFL yet this season in Week 2. Cam Newton (24/40, 353, 4 TD, INT) found Kelvin Benjamin twice in the end zone.

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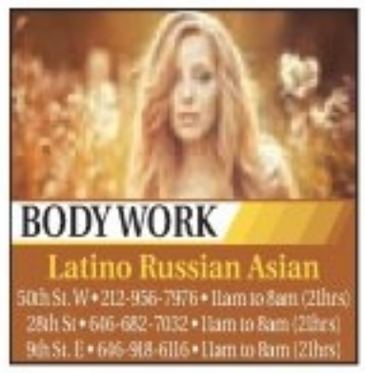
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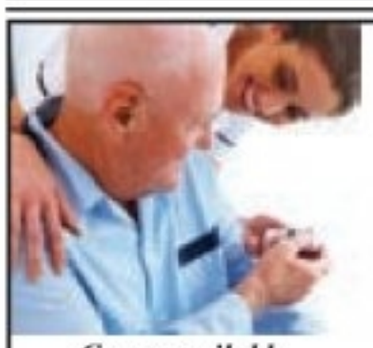

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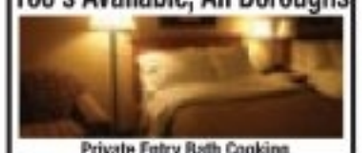

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**NOTICE OF FORMATION** of Access Social Adult Day Care, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 06/06/2016. Office location: Kings County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 25 Elm Place, # 200, Brooklyn, NY 11201. Purpose: Adult Day Care.

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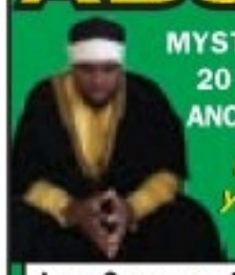

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16 Cheer on
17 Pasta-sauce brand
18 Weather prognosticator (2 wds.)
20 Rims
22 Snoop
23 Ticket info
24 Bridge expert
26 Building boom cause?
27 Growled
30 Trying
34 Makes a new offer
35 Orbison and Acuff
36 Trail behind
37 "There'll be -- -- time ..."
38 Steinway product
40 Insult
41 Herr in Madras
42 Linoleum square
43 Clean one's desk
45 Throb
47 Mustiest
48 It has long arms
49 Too big a hurry
50 It won't hold water
53 Helium or neon
54 Walking -- --
58 Weeds, wild shrubs, etc.
61 Eat graciously
62 Centurion's route
63 Tendon
64 Wednesday's god
65 Large amounts
66 Impatient
67 Appraise

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1 Kind of straits
2 Mild oath
3 80-day traveler
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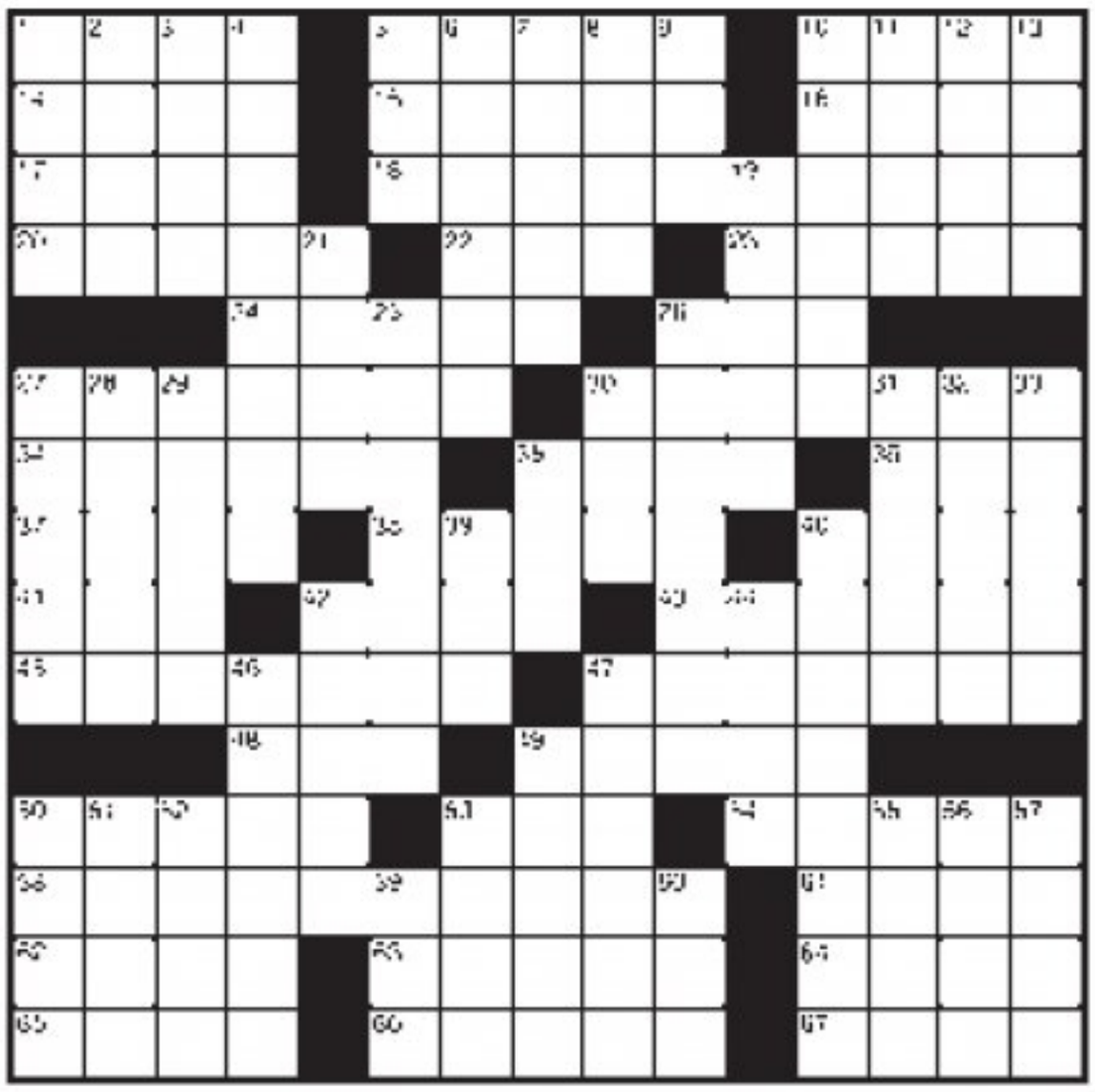
5 Accept an ovation
6 Split to join
7 Festoon
8 Floating flower
9 Cave-dwelling fish
10 Moons' tracks
11 Denials
12 Ember
13 To be, to Balzac
19 Pulls hard
21 Auction shout
25 Lull
26 Tests for parts
27 Get a grip on
28 Hindu statesman
29 Seething
30 Na+ or Cl-
31 Stan's cohort
32 Handles roughly
33 Marsh stalker
35 Funny Charlotte --
39 Dot in the Seine
40 Grandeur
42 Candle
44 Its HQ is Brussels
46 Pack rats
47 Mouths off
49 Frequent often
50 Interview wear
51 A big fan of
52 TV genie portrayer
53 Toothy smile
55 Verdi opus
56 -- -- for the money
57 Mr. Magritte
59 Youth org.
60 Road map info



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**easy**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 9 | 3 | | 7 | | |
| | | 7 | | 8 | | 1 | 6 | |
| 3 | | | | | 5 | | 4 | |
| | 9 | | 8 | | | 5 | 7 | |
| | 4 | | | 2 | | | 3 | |
| | 1 | 5 | | | 4 | | 2 | |
| | 7 | | 6 | | | | | 2 |
| | 8 | 2 | | 5 | | 6 | | |
| | | 9 | | 7 | 8 | | | |

**hard**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 7 | 2 | | 4 | | 6 |
| | 3 | | | | 1 | | 5 | |
| | | 6 | 3 | | | | | 8 |
| | 5 | | | | 7 | | | 4 |
| | | 8 | 4 | | 3 | 5 | | |
| 4 | | | 9 | | | | 2 | |
| 7 | | | | | 2 | 1 | | |
| | 1 | | 5 | | | | 8 | |
| 3 | | 2 | | 7 | 4 | | | |

## metro.us/horoscopes

**Aries** Jump in and get things done. Taking action will make you feel good and help raise awareness about your concerns. Romance will improve your life.

**Taurus** An emotional plea will not fall on deaf ears. Talk to someone in charge and offer suggestions that will solve whatever problem you face. Make a difference.

**Gemini** An opportunity to make some money is apparent. You will have to be realistic. Don't let anyone take advantage of you.

**Cancer** Don't offer too much, or you will be exploited by someone who has little to offer in return. Make changes at home that will help you feel more comfortable.

**Leo** You'll want to proceed with caution when dealing with peers or anyone who can affect your position. Work on personal improvements.

**Virgo** If you look for unusual methods, you will come up with a brilliant idea. Don't fold under pressure. Arguments will lead nowhere.

**Libra** It's OK to do things differently. Choosing a course of action will bring you closer to the place you want to be mentally, physically and financially.

**Scorpio** Trust in your judgment, not in what someone else wants you to do. Your help and guidance will make a difference to someone.

**Sagittarius** Be cautious when networking or socializing. If you share information, make sure it is based on fact or you'll end up in a debate you cannot win.

**Capricorn** If you speak up and enforce your will, you will come out on top. Negotiate, sign contracts and make decisions that will improve your surroundings. Take action.

**Aquarius** Keep an open mind, but don't be fooled by someone trying to manipulate your emotions. Bring about personal changes that encourage love.

**Pisces** Get the lowdown before you reveal personal information that may be damaging if it's shared with the wrong person.

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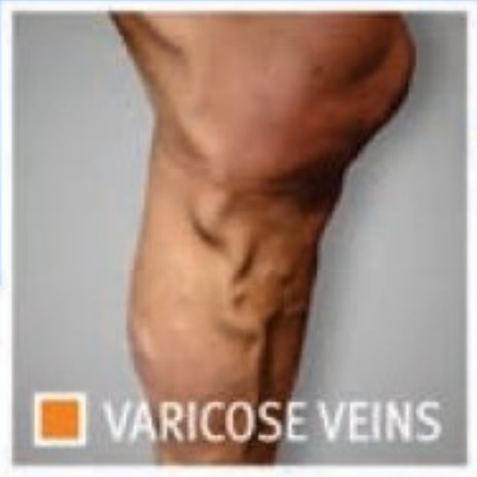

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**1.** The promotional Annual Percentage Yield (APY) of the 19 Month CD is effective as of 5/27/2016 and is subject to change without notice. Rate offer not valid for accounts opened with funds coming from an existing Popular Community Bank account. There is a $1,000 minimum opening account deposit and balance requirement. APY assumes principal and interest remain on deposit until maturity. A penalty will be imposed for early withdrawal. Fees may reduce earnings on the account. Please visit your local branch or refer to our Account Disclosures for complete details. **2.** Annual Percentage Yield (APY) is effective as of 5/27/2016. Promotional Rate is guaranteed for 6 months from account opening date. After the 6-month period has ended, the promotional rate will be set to standard rate at that time. The minimum amount required to open an Optimum Money Market Account is $10,000 AND, to earn the Promotional Rate, you must maintain a minimum average daily balance of $10,000 or more in your Optimum Money Market Account for a period of 6 months. This limited time promotional offer may be withdrawn at any time. Fees could reduce earnings on the Optimum Money Market Account. Must allow no more than six transfers or withdrawals per calendar month or statement cycle of at least four weeks. Transfers or withdrawals can be a combination of preauthorized transfers, automatic transfers, telephone, fax, or computer transactions. Please visit your local branch or refer to our applicable Savings Account product disclosures and Terms and Conditions for account details. • Banco Popular North America (referred to herein as "we" "our" or "Popular Community Bank") is a Member of the FDIC and operates under the assumed name "Popular Community Bank" in the markets in which it operates. Accordingly, Popular Community Bank and Banco Popular North America are the same FDIC-insured institution. ©2016 Banco Popular North America. **Member FDIC.**

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